





12th Annual SHEKO CHALLENGE July 9th, 2016 BIG WAVE BAY, SHEK O

Kids Swim Course



- Swimmer must wear the official swim cap during the entire race.
- A buoy will set up at 300 meters far from the shore.
- Swimmer is required to swim around (U turn) the buoy from the right hand side.
- Swimmer is required to run through the arch to compete their race.
- If you need help in the water, stay calm and raise your hand to attract attention. There will be support boats, stand up paddle boards, and lifeguards on hand if needed.

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