



## THE CLEAN HALF – October 5th, 2019

### Stanley Main Beach to Deep Water Bay – Hong Kong Island

Thanks to everyone who has made this event a big one on the global circuit of great races! As a result of such interest, we are now reaching limitations in capacity in terms of support boats for teams, so please note the new rules and regulations for entries.

- 1) Paddle support with human-paddled craft will only be available on a first-come-first-served basis. This means that we will do our best to get you a paddler to support your solo swim, but if we cannot, OR, if you are late to sign up, you will need to find your own, or, use a motor boat which is easier to get (but more expensive). We do NOT guarantee that you will have a paddler if you sign up, especially if there are more than 8 solos already signed up.
- 2) No Boats larger than a JUNK boat are allowed on the course, and are NOT allowed to be the support boat for swimmers. Small dingy's are NOT allowed to be used as a support boat for relay teams if they are ferrying people back and forth to a larger boat.
- 3) You must submit a Medical Clearance form if you are swimming SOLO in this Race for the first time.
- 4) If there is any reason for cancellation due to strange weather events (which there have never been in October, but which globally are happening all the more frequently, just as the scientists predicted), there will only be a refund of HK\$1,000 per team with a motor boat support, or HK\$1,400 for solos with paddlers. **NO** other refunds will be made, because all of the costs of boat support rental, etc, will already have been paid.
- 5) Cancellations made in less than 10 days of the event will receive no refund. Cancellations made more than 10 days in advance will receive a refund, less HK\$1,000 for teams, and \$400 for solo swimmers.
- 6) You are allowed to sign up/register for your team entry in order to secure your boat even if you do not know who your five team members will be. You can confirm your team members by October 2nd.
- 7) Please note the Early Bird Fees below.
- 8) Please note the start times below, and rules that go with them.
- 9) It is **NOT ALLOWED** to have more than One Team, or One Solo swimmer, per support boat. Your team will be disqualified and asked to stop the race if in breach of this rule.
- 10) It is **NOT ALLOWED** to swim Breast Stroke in this race, unless it is for an emergency. You will be disqualified if caught doing it.
- 11) It is your responsibility to keep your support boat near the swimmer for safety if there are other boats in the area intersecting the swim route.

Mail cheques to: Payable to: "Douglas Woodring" and send to Doug Woodring c/o The Clean Half, 6B Bonham Court, 12 Bonham Road, Midlevels, Hong Kong. Please write your name, email, and Tel number on the back of the cheque. For Foreign Teams, please contact [doug@oceanrecov.org](mailto:doug@oceanrecov.org) for payment information. Or you can pay by Paypal, but **make sure that the full amount is paid, and fees are not taken out from our side (best to pay to "friends," not a "merchant" payment).** Please send a receipt of payment: Paypal Acct: [doug@oceanrecov.org](mailto:doug@oceanrecov.org)

Support craft will be provided for teams, unless you have your own boat. Team categories; Men's, Women's, Mixed (at least 2 women). There is an extra cost of HK\$500 per hour, if your boat is used beyond 4pm (payable to the boat driver). Tips are also encouraged for the drivers, since without them, we cannot organize this event.

If you provide your own boat, the **Entry Fee per team is HK\$2,300**. *NOTE: It is possible that we will limit the number of boats that **we can provide**, to 40. So, teams will be approved on a first-come basis.*

**For Solo Swimmers** – *We can help you to find a support paddler and kayak if you do not have one. You can also hire a speed boat for your support boat, and you need a support person in the speedboat to assist with your drinks/food). You **must** have a support boat or paddler if you are going to swim solo We can arrange a KAYAK for you from Stanley Main Beach if you have a paddler. These are single sit-on-top kayaks (not high performance). If you have your own kayaker for support, they must be **advanced**, and be able to be on the water to support you for up to 6 hours. Seas can be heavy, with strong winds at the start.*

### **Registration Fees:**

- 1) Early Bird Fee: **HK\$5,600** per team before August 16, 2019 (\$2,300 if no boat needed).
- 2) August 17 – Sept 26<sup>th</sup> Fee: **HK\$6,300** per team. \$2,300 if no boat is needed.
- 3) September 27<sup>th</sup> – October 3rd Fee: **HK\$6,800** per team. \$2,500 if no boat is needed.
- 4) YAK SWIMMERS – two person team, where each person swims 30min, and changes with their colleague for 30min. Fee per team is **\$2,200** per YAK SWIMMER Team. This changes to **\$2,600** after Aug 16<sup>th</sup>. This includes kayak rental. If no kayak is needed, the registration fees paid can be \$300 less.

### **SOLOS:**

- 1) HK\$ 2,400 for solo swimmers if paddler and kayak is needed before Aug 16th.
- 2) HK\$ 3,000 for solo swimmers if paddler and kayak is needed from Aug 17-Sept 26<sup>th</sup>
- 3) HK\$ 3,500 for solo swimmers if paddler and kayak is needed from Sept 27 – Oct 3rd

Solo without the need for us to organize a paddler or support boat: \$1,200.

If you are swimming solo and need a MOTOR Boat, the Race Fee is HK\$5,100. You must have a spotter/helper in your motor boat, other than the driver.

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## The Clean Half Extreme Marathon Swim

**NOTE:** Applications sent by **Registered Mail** will **NOT** be accepted!!!! Please Trust your postal service.

**You only need to submit *This Page* in with your check.**

### REGISTRATION FORM

15km Ocean Swim Team Relay, October 5, 2019

Start Times: **10:00am** for teams/solos that need more time. **NOTE – Your team will be penalized 30minutes if you enter the early start time and your time is faster than 4 hours 15min.** You Must NOTIFY US by **October 1st, 2018** in order to qualify for the 10:00am Start Time.

### **11:00am** for Main Start time

Registration Starts 90min before each respective start time  
CUT OFF TIME FOR RELAYS AND SOLOS – **6 Hours**

TEAM NAME (5 Swimmers Per Team): \_\_\_\_\_

SWIMMER NAMES (or **Solo Swimmer** (state Male/Female)

\_\_\_\_\_  
\_\_\_\_\_

TOTAL AGE OF COMBINED SWIMMERS ON TEAM: \_\_\_\_\_

NAME/MOBILE TELEPHONE OF TEAM CAPTAIN (or solo): \_\_\_\_\_

TEAM CAPTAIN EMAIL (or solo): \_\_\_\_\_

Category (circle one of each):

- 1) MEN'S - WOMEN'S – MIXED
- 2) Total Team Age Under: (1) 125 Yrs (2) 125-200 (3) 200-275 (4) 275+

Date: \_\_\_\_\_

Team Captain's (or Solo's) Signature \_\_\_\_\_

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